



BREAKFAST

Available 7am to 10am
every day

CONTINENTAL SELECTION

- BAKERY BASKET (V)** 12
Danish, croissant, mini muffin, choice of toast, jam, butter
- SEASONAL FRUIT PLATE (V) (LG)** 16
Seasonal sliced fruits and berries
- BIRCHER MUESLI (V)** 14
Granny Smith apple, seasonal fresh berries, honey, toasted almonds
- BREAKFAST FALAFEL BOWL (LG) (V)** 18
Smashed avocado, roasted sweet potato, red cabbage, cauliflower, hummus, spinach, green goddess dressing.

KIDS' BREAKFAST

12 & under

Goulburn Valley juice plus one option from the selection below.

- CHOICE OF CEREAL & MILK** 10
Choose from Corn Flakes, Weet-Bix, Coco Pops or Nutri-Grain
- EGG & CHEESE TOAST** 10
- SCRAMBLED EGG, CHEDDAR CHEESE, TOAST, TOMATO SAUCE** 10

All eggs on the breakfast menu are free range

(LG) Low Gluten (I) Imported Seafood (V) Suitable for Vegetarian

Food allergies: Please note that we take every precaution when accommodating special meal requirements. However, we handle the following known allergens in our kitchens:

Wheat (gluten), barley (gluten), oats (gluten), rye (gluten), fish, shellfish, crustaceans, molluscs, soy products, eggs, milk and dairy products, lupin, sesame, peanuts, macadamia, pecan, cashew, hazelnut, pistachio, pine nuts, walnuts, almonds and Brazil nuts.

Please be aware that not all ingredients are listed in the dish description.

If you have an allergy, kindly inform our friendly staff so that we can assist you in making a suitable meal choice. We will do our best to accommodate customer requests, but please be advised that the decision to consume a meal rests on personal responsibility as we cannot guarantee that the food is entirely free from any known allergens.

HOT SELECTION

- EGGS & TOAST (V)** 15
Fried, poached or scrambled eggs on your choice of toasted sourdough, white, multigrain, or wholemeal bread
- BACON & EGG ROLL** 14
Scrambled eggs, bacon, hash brown, tomato or BBQ sauce
- SMASHED AVOCADO (V)** 21
Freshly smashed avocado, poached egg, sourdough toast
- BUTTERMILK PANCAKE (V)** 18
Caramelised banana, seasonal berries, Chantilly cream
- EGGS BENEDICT** 24
English muffin, ham, poached eggs, hollandaise sauce
- THREE-EGG OMELETTE** 25
Choice of fillings – Spinach, ham, cheese, tomato or onion
- BIG BREAKFAST** 30
2 eggs of your choice, bacon, chipolata sausage, hash browns, mushroom, roasted tomato, baked beans, sourdough toast

ADD Egg	3
Toast	3
Hash Brown	3
Avocado	4
Bacon or Sausage	6
Smoked Salmon	8

HOT DRINKS

COFFEE

	Small	Large
Cappuccino	5	6.5
Latte	5	6.5
Flat white	5	6.5
Espresso	5	6.5
Long black	5	6.5
Chai latte		6.5

ADD Syrup (vanilla, hazelnut, caramel) +1

MILK Select from full fat milk, skimmed milk, soy milk (+0.5), almond milk (+0.5)

HOT CHOCOLATE

5 6.5

TEA

English breakfast		4.5
Earl Grey		5.5
Green tea		5.5
Peppermint		5.5
Lemon & ginger		5.5
Camomile		5.5

JUICES

FRUIT JUICE

5

Apple, orange, pineapple, cranberry, tomato

FRESHLY PRESSED JUICE

Carrot, ginger, orange	8
Orange	7.5
Watermelon	7.5
Apple	7.5
Apple, celery, beetroot	8

SMOOTHIES

ABS

9.5

Avocado, banana, spinach, yoghurt, mint

POWER BOOSTER

9.5

Chia seeds, almond milk, mix berries, honey, vanilla syrup

BERRY OXIDANT

8.5

Strawberry, blackberry, raspberry, yoghurt, apple juice

TROPICAL SUNRISE

8.5

Mango, banana, passionfruit, yoghurt, apple juice, honey